

INTRODUCTION

Muhimbili University of Health and Allied Sciences in collaboration with Harvard School of Public Health through its International Clinical Operational Health System Research and Training Award will organize a one week short course on Nutrition HIV and AIDS and Tuberculosis from the 9th to 14th August 2010. The course will be conducted at MUHAS campus in Dar es Salaam.

GOAL

The goal of this 1 week course is to provide participants with knowledge on the relationship between HIV and AIDS, TB and nutrition; and skills to identify different TB, HIV and AIDS related nutrition complications and ways to manage them and counsel patients on ART and TB treatment for nutrition.

WHO SHOULD ATTEND?

All those involved in care and treatment and research in health facilities and at community level in the area of HIV and AIDS, TB or nutrition: health care professionals including doctors, nurses and nutritionists, program managers, research investigators and trainers will find the course invaluable in accomplishing their program objectives.

ELIGIBILITY

The course is open to clinical or public health related professionals from Tanzania and other countries involved in HIV and AIDS, TB or nutrition care. Previous nutrition work, experience or training an added advantage. Priorities will be given to candidates already working in ministry of health departments, training institutions, health-related NGOs as well as private health institutions.

SPONSORSHIP TO THE COURSE

Participants are expected to support themselves either directly or through sponsorship by their own institutions or funding agencies. Limited number of scholarships are available. Preference will be given to applicants from district health facilities.

VENUE

The course will be held at the Muhimbili University of Health and Allied Sciences in the designated conference hall of the Centre for Social Science and Medicine Program of the University of Dar es Salaam.

CERTIFICATES

Certificates will be awarded on satisfactory completion of course which involves in at least 75% of the course sessions and passing of a test at the end of the course.

COURSE OUTLINE

The course will cover the following topics:

1. Basics of HIV and AIDS and Tuberculosis in Africa and Tanzania
2. Link between nutrition and HIV/AIDS
3. Link between nutrition and TB
4. Micronutrients HIV and AIDS and TB
5. Nutrition management of people living with HIV/AIDS and related symptoms and complications
6. Nutrition management of TB patients
7. Nutrition management of TB and HIV/AIDS combined
8. Management of severe and moderate underweight in TB and HIV/AIDS adults
9. Management of severe and moderate malnutrition in TB and HIV/AIDS children
10. Nutrition Assessments: Anthropometry measurements Diet Assessments and Operational research
11. Nutrition care and support for pregnant, lactating, and adolescent girls with HIV
12. Management of drug and food interactions in HIV/AIDS and TB therapy
13. Nutrition care for children born to women with HIV and TB
14. Other related aspects: Stigma, Food Security, hygiene and cleanliness

COURSE FEES

*Tuition fees 600,000 TSH

*Includes tea/coffee breaks & lunches

MEALS AND ACCOMMODATION

Break time refreshments and lunches will be provided.

Accommodation may be arranged upon participants' request but they will be required to settle the hotel bills.

Participants from Dar es Salaam will not be required to stay in hotels provided they can reach the venue in time for sessions.

TRAVEL COSTS

Travel costs will not be covered by the course. Applicants should look for additional funds to cover travel expenses.

FACULTY

Prof F Mugusi, Dept of Internal Medicine, MUHAS (Course Director).

Prof W Fawzi, Depts of Nutrition, Epidemiology, & Global Health & Population, HSPH, Boston (Course Director).

Ms Z Lukmanji, Affiliated with MUHAS- Dartmouth Nutrition & HIV study & Helen Keller International, Tanzania (Course Director).

Dr S Kimboka, Dept of Comm Health & Nut, TFNC

Prof W Willett, Dept of Nutrition, HSPH, Boston.

APPLICATION PROCEDURES

To apply for the course, send a letter of intent and copy of your updated CV by post or email to Nutrition HIV/TB Course Coordinator.

The letter should indicate your qualifications, current position and work and how this course will enhance your work capacity. Please also include details of any training you have attended in the past.

Candidates must also indicate potential sources of funds to attend the course. Remember to include your email address and other contact information with your application. The above information will be used to shortlist candidates.

Applications must be submitted by 26th July 2010. Those received after then, will not be accepted.

ENQUIRIES

For more information about the course please contact:

Nutrition HIV/TB Course Director

MUHAS

P O BOX 65001

Dar es Salaam

Email: nutrition_HIV@gmail.com

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Course No 1

9th to 14th August 2010

