



## BASIC OBSTETRIC EMERGENCY AND NEWBORN CARE SHORT COURSE FOR MIDWIVES AND NURSES

### INTRODUCTION

The Department of Community Health Nursing MUHAS in collaboration with Tanzania Midwives Association (TAMA) is pleased to announce the short course on Basic Emergency Obstetric and Newborn Care for Midwives and Nurses **from 2<sup>nd</sup> – 13<sup>th</sup> November 2020**.

#### Aim

The aim of the course is to equip midwives and nurses with up to date knowledge and practical skills required to deal with pregnancy and delivery related complications that threaten the life of mothers and their newborns.

#### Course Expected Learning Outcomes

By the end of the training the participants are expected to have the ability to:

1. Identify a woman with emergency obstetric conditions by using comprehensive assessment methods
2. Utilize appropriate skills for the management of a woman with hypertensive disorders of pregnancy i.e. pregnancy induced hypertension, pre-eclampsia and eclampsia
3. Demonstrate skills in the management of patient with bleeding after delivery including postpartum hemorrhage and hemorrhagic shock
4. Conduct immediate and comprehensive newborn assessment to recognize newborns with life threatening conditions
5. Demonstrate appropriate skills for helping babies to survive
6. Apply concepts of customer care and integrity in the provision of midwifery services

#### Target groups

The course is intended for Nurses and Midwives who are interested or working in maternity unit. Candidates from both public and private health care facilities and training institutions in Tanzania and other countries are accepted. Participants should at least be directly responsible for patient care

#### Structure of the course

1. **Management of a woman with hypertensive disorders in pregnancy**
  - o Management of a woman with Pregnancy Induced Hypertension (PIH)
  - o Management of a Woman with Pre-eclampsia and Eclampsia
  - o Management of a Woman with Disseminated Intravascular Coagulation (DIC)
2. **Management of a woman with bleeding after childbirth**
  - o Overview of post partum hemorrhage
  - o Management of a Woman with Postpartum Hemorrhage
  - o Management of a Woman with Hemorrhagic Shock due to PPH
3. **Helping Baby Survive**

- o Essential care for every baby
- o Helping babies to breath
- o Essential care for small babies

#### 4. Customer care and integrity in midwifery services

#### Mode of Instruction

Interactive lectures, problem based learning and simulation laboratory practices will be used.

#### Course Instructors

Lecturers from School of Nursing, Muhimbili University of Health and Allied Sciences (MUHAS), and instructors from Tanzania Midwives Association (TAMA) will facilitate learning activities.

#### Course Duration

The course will run for **TWO weeks from 8:00AM -5:00PM; Monday to Friday**.

#### Course Fees

Each participant shall pay a total of **Tshs. 400,000/=** for local citizens and a total of USD 200 for foreigners for two weeks.

The fee should be paid through online system using control number as you will be provided by coordinators for local currency. Foreign currency can be deposited using Swift Code system as directed by course coordinators

**The applicant should pay tuition at least 2 weeks before starting of the course and submit pay in slip during registration.**

#### Travelling Costs and Accommodation

Travelling costs and accommodation is **not part** of the course fees. Applicants will have to arrange the said services.

**Venue:** MUHAS Campus

**Award:** MUHAS signed certificates with **10 CREDITS** will be awarded at the end of the course. Participants are encouraged to bring their CPD books.

#### Application Procedures

Send your **application letter, CV**, copies of your **professional certificates** and **valid practicing license** to the following address.

Head of Community Health Nursing Department

School of Nursing (MUHAS),

Muhimbili University of Health and Allied Sciences,

P. O. Box. 65001,

Dar- es- salaam -Tanzania

You can send your application electronically using the following email:

**[communityhealth.bemone@gmail.com](mailto:communityhealth.bemone@gmail.com)**

**Application deadline: 11<sup>th</sup> October 2020 at 00:00Hrs**

#### Enquiries

For detailed information on the short course opportunities, please contact course coordinators:

**Mr. Victor Chikwala** +255688379274 / +255757252251

**Mr. Pius Temba** +255763860692 / +255623234365