

## Short course on: Palliative Care for Health and Social Welfare Professionals



### Introduction

The School of Medicine, Muhimbili University of Health and Allied Sciences (MUHAS) in collaboration with the Palliative Care Trainers and Research Network of Tanzania (PTR-N) will conduct a short course on Palliative Care for health and Social Welfare Professionals. The course offers basic knowledge, skills and attitude of Palliative care services in Tanzania and is designed to impart health workers with appropriate knowledge and improved skills on how to manage pain and symptoms to patients with life threatening illnesses.

### Aim

The course is designed to provide Knowledge, skills and correct attitudes to practice of palliative care for pain and symptoms management to patients with terminal illnesses and life limiting illnesses in health facilities in Tanzania. The course also intended to produce a cadre of health professionals in Tanzania who possess the skills to practice and integrate palliative care in their continuum of care.

### Course learning objectives

After completion of this course the participants should be able to:-

1. Gain knowledge and skills in Palliative care provision so that they are able to meet the increasing palliative care needs of the patients within the country and beyond.
2. Demonstrate good attitude and ability in handling complex palliative care needs in varying situations during provision of health care services.
3. Provide Palliative care services to Patients in Tanzania and beyond.

4. Demonstrate knowledge of the contextual variables influencing the provision of Palliative care in Tanzania and beyond.
5. Demonstrate skills on how to manage pain and symptoms to patients with life threatening illnesses and life limiting illnesses
6. Promote interdisciplinary and family involvement in treatment and care.

### Target group

The course is open to all health care professionals in hospital settings i.e. Nurses, Doctors, Clinical officers, clinical assistants, Pharmacy tech/assistants, Pharmacists and Social workers from public and private health facilities worked for at least one year of experience in Tanzania and beyond.

### Course duration

The course will run for the period of two weeks, whereby the first week will cover for theoretical part of the course while the second week will be for practical aspect on palliative care competencies for pain and other symptoms management. The course will commence from 12<sup>th</sup> to 23<sup>rd</sup> April 2021.

### Course Fees

Each local participant will be required to pay Tanzania shillings 600,000/= for the course while Foreigners is USD 500. The fees should be deposited at MUHAS NMB account, Muhimbili Branch, Account number **2091100002** for the local participants and Foreigners is USD 500 via MUHAS NBC account, Samora Branch, Account number

**012105003582**. The applicant should scan and submit pay in slip at least two weeks before commencement of the course.

### Application procedures

The prospective applicants are required to fill in application form in the website [www.muhas.ac.tz](http://www.muhas.ac.tz) (attached here to be downloaded). The fully filled application form, CV and other accompanying information/attachments i.e Certificate, diploma, Advanced diploma and degree certificates or above/equivalent in health-related fields should be submitted to the course director via contact details indicated below;-The closing date for receiving applications is **05<sup>th</sup> April 2021**.

### All applications should be addressed to

Dr. Christina V. Malichewe,  
Department of Radiology and Radiotherapy,  
School of Medicine MUHAS,  
P.O. Box 65001,  
Dar es Salaam, Tanzania.

Please send your application electronically using the following e-mails: [christinamalichewe@gmail.com](mailto:christinamalichewe@gmail.com), [znkrumbih@yahoo.com](mailto:znkrumbih@yahoo.com), [ramadhan.chikalile@gmail.com](mailto:ramadhan.chikalile@gmail.com) or [rkazema@hotmail.com](mailto:rkazema@hotmail.com)

For further information and clarification, please contact +255789384790, +255754288644, and Whatsapp: +86 13127152190

