

## SUBSTANCE USE DISORDERS AND ADDICTION SHORT COURSE



### INTRODUCTION



The department of Clinical Nursing – MUHAS is pleased to announce a short course training on substance use disorders and addiction. The course will be conducted for one week (5 working days) **from 13 – 17/March/ 2023**. Sessions will start from **0800HRS to 1700HRS**

#### **Aim**

The aim of this course is to provide health care providers with knowledge on substance use and its consequences, treatment modalities, drug addiction counseling techniques, and relapse prevention therapy to enhance the effectiveness of their work with current and recovering drug users.

#### **Course Objectives**

By the end of the training the participants should be able to:

1. Describe the roles and responsibilities of health care providers in the prevention and treatment of clients with substance use disorders
2. Describe common drugs, drug use patterns and consequences of drug use, as they applied to the Tanzanian context
3. Evaluate the concepts of drug addiction, recovery, and relapse
4. Apply different models of drug addiction and treatment in the management of a person with substance use disorders
5. Explain factors influencing successful drug addiction treatment
6. Analyze the components and steps involved in conducting a client assessment
7. Develop an individualized management plan and provide ongoing follow-up and support

#### **Structure of the training**

1. Introduction to Substance Use Disorders
2. Burden of substance use disorders
3. Substance Use Disorders: Neurobiology

4. Alcohol Use Disorders
5. Cannabis Use Disorders
6. Opioids Use Disorders
7. Psychostimulants: Cocaine and amphetamines
8. General approach in treatment and prevention of substance use disorders: Motivational interviews, Self Help groups, Group therapy, Harm reduction strategies for substance use disorders & Medication-Assisted Treatment (MAT) Programs

**Target group:** All healthcare providers from public and private care healthcare institutions. Providers working in mental health departments are highly encouraged to apply.

#### **Course fees**

The course fee is **Tsh 300,000/=** for the local participant and **USD 150** for the foreign participant. The course fee should be paid via NMB bank through online payment using the control number that will be provided by course coordinators after successful selection to enroll on the short course.

**The applicant should pay the full course fee in advance and submit pay-in slips at least 1 week before starting of the course.**

**Additional cost:** Travelling costs and accommodation is not part of the course fees. Applicants will have to arrange the said services.

**Application Procedures:** The applicant should send the application letter and CV through the following email [clinicalnursing2000@gmail.com](mailto:clinicalnursing2000@gmail.com) the closing date for applications will be **10 – March - 2023**.

**Enquiries:** for additional information please contact us via mobile numbers indicated below: **Mob: 0623234365, 0763860692 or 0712693433, 0786059291**